

Do you want to avoid another hospital stay?

Plan a visit with a doctor's office within 7-days of returning home.



Why is it important for you to see a doctor?

It could help save a trip to the emergency room or return to the hospital.



If you aren't feeling well – keep your appointment!

The doctor can help you with current issues.



If you are feeling healthy – keep your appointment!

The doctor will help you understand next steps in managing your illness or rehabilitation, next steps for future tests/labs, etc.

What will your follow-up visit look like?

Most visits happen face-to-face in your doctor's office, however, your doctor can tell you if one of the following is also an option for you:



Telehealth/virtual visits

You will use video with sound, or a telephone in combination with video.



Telephone visits

You will talk with your doctor over the telephone.

What should you talk to your doctor about during your follow-up appointment?

- Be sure your doctor is aware of your recent hospitalization or nursing home stay. Tell them you just came home from a hospital or nursing home stay.
- Tell them about your health.
- Tell them if you are struggling with help at home, transportation, high costs of medicines, managing your diet, etc.
- Ask whom to call if you aren't feeling well.
- Discuss what medicines you are taking at home.
- Ask how to use any equipment you have at home.

Any question you ask might save a trip to the emergency room!



Always call with your urgent questions and concerns.

NAME: _____

PHONE: () - _____



Using the patient portal may help you reach your doctor with non-urgent questions about follow-up appointments, medication refills, and your health.